



by **URBAN IMPACT**

NEWS & VIEWS

A publication for PB4K partners of Urban Impact Foundation

"You've probably heard me say more than once that nothing moves without Prayer, Leadership and Money. I'm excited to hear that many of you are engaging with Urban Impact in all three of these areas. I hear either from you or my staff about how you are praying for us and those whom we serve. I also hear how a number of you have gotten "out of the stands and into the arena" with us. I personally want to thank you for making your time, your talent and your treasure available for the advancement of God's Kingdom. Know this—that we are standing with you in prayer, in faith, in service and in His love. God bless you.

*Standing fast with you,
Pastor Ed Glover, Urban Impact Founder & President*



Meet PB4K Co-Captain, Justin Hartwig

Q: Where did you grow up and what was it like?

A: I grew up in a suburb of Des Moines, Iowa known as West Des Moines. The greater Des Moines area has a population of 500,000—not exactly a small town. What I now appreciate about growing up there, though, are the small town values I was taught. There wasn't a lot of crime there; it was generally a place where you could leave your door unlocked at night. Life was very simple there.



have interactions with brothers and sisters that a lot of kids do, and you spend quite a bit more time by yourself. You know that you have to create your own path, and so you learn to rely on yourself. I think that made me a stronger individual.

Q: What was your childhood dream or goal?

A: Well, I always wanted to be a contestant on Nickelodeon's game show called Double Dare. When that didn't work out I had

to shift my focus. No, honestly, my dream was to earn a college football scholarship. When I was in 9th grade, I set that goal for myself and worked my tail off to achieve it. In addition to playing basketball and being on the track team, I spent every day after school lifting weights. And I spent summers at college football camps.

Q: What is the most important thing that you learned from your parents?

A: They instilled in me values of working hard and to never quit.

Q: What are your hobbies?

A: I like fishing, boating, reading books that further my thought processes, playing board games, video games and playing with my computer— to name a few!

Q: When did you first think about playing football?

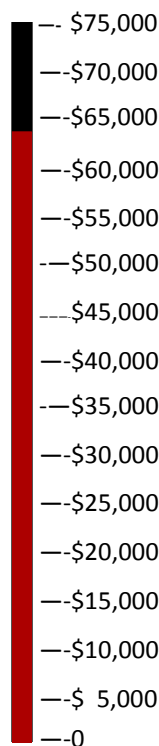
A: I have always wanted to be a football

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DATE TO REMEMBER
Mid to Late April, 2010
 (Exact date will be forthcoming.)
PB4K Kickoff Luncheon - begin now to think about who you will invite to this event as a potential sponsor for the 2010 season!



*Celebrating
15 Years of
Changing Lives*



Challenge Results
 At the Kickoff Luncheon at Heinz Field in April 2009, a challenge was announced to raise \$75,000 in new money, including increases in current sponsorships and new sponsorships. This was definitely an aggressive challenge, given the year's tough economy, and though the goal was not reached, God was faithful in providing **\$63,408** in new money! And, despite our not reaching the goal, player contributions exceeded the challenge amount by >\$2500. Praise Him from whom all blessings flow!

player. My dad was a standout offensive lineman in college and I grew up watching football with him every weekend.

Q: Who helped you the most to succeed in making it to the NFL?

A: Both my mother and father were equally supportive, but my dad really understood what it would take to help me achieve my goals. He gave me all the tools I needed to succeed. He bought me a weight set that I used religiously in my basement. He made sure I was taking the right supplements and got me on the University of Nebraska weightlifting program.

Q: Where did you go to college and how did you choose to go there?

A: Kansas was my only Division 1 scholarship offer. After having been shunned by both in-state Division 1 schools, I accepted the offer by phone without even seeing the campus.

Q: What was your most memorable college experience?

A: Walking through the Campanile WWII monument on KU's campus, down the hill, and into the stadium with some of my friends for graduation.

Q: What was your NFL draft experience?

A: I was at my duplex in Lawrence, Kansas with some friends and my dad. The lead scout from the Tennessee Titans called and asked if I wanted to be a Titan. I said, "Sure." He said, "Well good because you're a Titan." As I was speaking with the head coach, Jeff Fisher, everyone in the room began to scream and yell. My dad came up and was grabbing me and yelling. They had no idea I already knew I was drafted and was trying to talk to the coach. It was one of the favorite moments in my life.

Q: Do you have a "welcome to the NFL" experience that you can share?

A: At training camp during my rookie year, I had to get down on one knee and sing "You've Lost That Loving Feeling" to Neal O'Donnell in front of the entire team.

Q: What keeps you motivated to keep playing each year?

A: I love to play the game. It is the ultimate physical, mental, and emotional challenge. I thrive on challenges.

Q: How and when did you join the Steelers?

A: I had a great experience playing for 4 years in Tennessee. I then went to Carolina for two years and while there suffered a serious groin injury. I was signed by the Steelers, and after getting healthy, have re-invented myself in Pittsburgh. I just finished my 3rd season with

the Steelers.

Q: What were your thoughts going into the Super Bowl last year? What memories of that experience are your favorites?

A: The thought process I take into every game is that I'm going to war. The feeling I got before and during the Super Bowl was that it was the ultimate battle. The more importance I place on a game in my own head, the more likely I am to succeed. One fond memory is that of our offensive line. Our offensive line always takes a lot of heat, whether due or undue. We had 3 new starters on that line, and by the end of the season, we really jelled. I was thrilled that our group got to experience that winning moment together after all of our hard work. The whole week was just an amazing experience I'll never forget.

Q: How & when did you become a believer?

A: I grew up in a Methodist church and was very involved as a youth. When I was 14, I went through confirmation. That summer, we had the opportunity to go to Camp Wesley Woods, in Indianola, Iowa. It was there I accepted Jesus Christ as my Lord and Savior. It was a very emotional experience. Since then, I have always felt that no matter how near or far I feel from God at any given point in my life, Jesus has always had a hold on my heart. I have learned over my lifetime that doing things my way or doing whatever I feel like doing is not God's will. I know that when I put God first, the rest of my life will sort itself out. When God is first in your life, you know that no matter what happens, he is there for you, and he has a plan for you. God provides a calmness in my heart, because I know that His Son Jesus Christ died for my sins.

Q: How has your faith played a role in your career as a professional football player? In your life in general?

My faith has gotten me through many tough times in my career and has helped to keep me grounded. It's hard to resist the temptations that come with being a professional football player. God reminds me that I am where I am because of Him, and to not take anything for granted. At any moment my career could be taken away from me, and I don't take that lightly. As a man, I aspire to be like Jesus. He was the ultimate role model for how we are to live our lives. None of us will ever come close to His standard, but I feel that if we'd all strive to learn His teachings and apply them to our daily lives, our world would be a much better place.

Q: What kind of Christian support, if any, is available to you as a player with the Steelers



organization?

A: There are many Christians on our team. Every Saturday night before games, we can participate in mass or chapel service. On Fridays there is also a Bible study.

Q: How did you first become involved with Play Ball for Kids?

A: I was asked to come to the football clinic on the North Side during my first summer here. It was then that I met Pastor Ed. I didn't become involved until he reached out to me the following winter at the Appreciation Dinner and asked if I would be interested in helping out. Pastor Ed has become a friend and mentor to me, and I enjoy supporting the work he is doing with kids on the North Side.

Q: What motivates you to be a PB4K Captain and help to get other Steelers involved?

A: Knowing that we are doing God's work. Our goal is for the kids to hear God's Word, and if getting fellow Steelers involved is going to aide in that process, that's what I'll do.

Q: What are some of your thoughts about Urban Impact and the youth they serve?

A: Urban Impact is an amazing organization because it provides for the kids on the North Side in so many ways. It gives them a place to go when they may not have anywhere else to go. It gets them involved in activities that teach them many different things and gives them opportunities they might not otherwise have. It provides positive role models, for the kids. Lastly it is a Christian organization that gives kids the knowledge and opportunity to help further their spiritual growth.

Q: What do you think of Pittsburgh – the City of Champions?

A: It is the ultimate place to play football. I love going to my job everyday and I love the way the people of this city embrace us.

Q: What are some goals you have for your life right now?

A: My goal is to be the best father I can be. I just welcomed my first child into the world. I want to continue to grow spiritually and pray that God continues to show me the paths I should walk.